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What's 4 Dinner? Cook-less Meals for Individuals

7-Meal Package: \$90

Originally designed for bachelor's trying to kick the fast-food habit, these HEARTY meals are nutritious and delicious. Receive 'em, freeze 'em, and nuke 'em is all you have to do to satisfy your cravings. Ideal for students, bachelors (or bachelorettes), or perfect for the cook in the family who wants to be cook-less for the day. Minimum order is 7 meals...call for larger orders. Menu changes monthly. Starts 1/19. 7 Meals delivered with 7 cookies for dessert. Requires 48-hour notice.

January Menu:

1/19-1/31

Meal 1:

Balsamic Roasted Salmon with Konfetti Pasta (pasta, tomatoes, spinach, garlic & EVOO)

Meal 2:

Herb Roasted Chicken, Garlic Mashed Potatoes & Festive Green Beans.

Meal 3:

Stuffed Tilapia, Konfetti Rice & Broccoli

Meal 4:

Roasted Turkey Breast Atop Stuffing with Gravy, Mashed Sweet Potatoes & Greens

Meal 5:

Spagetti with Jumbo Meatballs

Meal 6:

BBQ'd Chicken with Baked Macaroni & Cheese and Greens

Meal 7:

Chicken & Dumplin' Stew over Mashed Potatoes

Meal 8:

Burgandy Beef Tips with Konfetti Rice & Festive Green Beans

Deanna Curry

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Call Deanna Curry @ Flavorocity today to place your order! (724) 799-9622